

Langtang Trekking & Yala peak Climbing

<https://www.nectravels.com/package/yala-peak-climbing/>

Yala Peak is considered a trekking peak by the Nepal mountaineering association and is a relatively simple, non-technical climb. From the summit we can see Shishapangma (8046 m) and the fluted Gangchempo (6388 m).

Yala peak 5732m is a popular trekking peak in Langtang region. Yala peak is easy and suited for anyone with trekking experience but good physical fitness is required.

Yala peak climbing trip is in the Langtang region which is north of Kathmandu. We start in Syabrubesi after an 8/9 hours drive from Kathmandu and spend five days hiking up the beautiful Langtang valley to Kyanjin Gumpa at 3800m. Yala peak climbing is combined with Langtang trek. Langtang area in itself is a good choice for all trekkers. They remain unforgettably beautiful and culturally rich.

The trails are less crowded and the people are friendly. Kyanjin Gumpa is situated below Langtang Lirung (7246 m). We established a base camp on a meadow at 5033 m and climbed Yala Peak the next day. The last 400m is on ice so we will be using crampons, ice axes and rope. The summit is renowned for being an excellent vantage point from Langtang Lirung, Dorje lakpa, Ganesh Himal, Naya kanga peak, Gangchempo, Shishapangma (8013m), the highest mountain in Tibet.

Itinerary

Day 01: Arrival in Kathmandu and transfer to hotel

Arrival in Kathmandu and transfer to a hotel. Evening briefing for the trip.

Day 02: Sightseeing in Kathmandu

Sightseeing in Kathmandu including Pashupatinath Temple, Boudhanath Stupa, Swayambhunath Stupa & Patan Durbar Square

Day 03: Drive to Syabru (2200m) (7-8 hrs)

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Day 04: Trek Syabru - Lama Hotel (2500m)

Trek Syabru – Lama Hotel (2500m)

Day 05: Trek Lama Hotel - Langtang (3100m)

Trek Lama Hotel – Langtang (3100m)

Day 06: Trek Langtang - Kyanjin Gompa (3750m)

Trek Langtang – Kyanjin Gompa (3750m)

Day 07: Excursion to Tserko Ri (5033m)

Excursion to Tserko Ri (5033m)

Day 08: Trek to Yala Peak Base Camp (4800m)

Trek to Yala Peak Base Camp (4800m)

Day 09: Yala Peak summit (5732m)

Yala Peak summit (5732m)

Day 10: Reserve day.

Reserve day.

Day 11: Trek to Ghora Tabela (3050m)

Trek to Ghora Tabela (3050m)

Day 12: Trek Ghora Tabela - Syabru (2200m)

Trek Ghora Tabela – Syabru (2200m)

Day 13: Trek Syabru - Sing Gompa (3300m)

Syabru – Sing Gompa (3300m)

Day 14: Trek Sing Gompa - Dhunche (1950m)

Trek Sing Gompa – Dhunche (1950m)

Day 15: Dhunche - Kathmandu by bus (6-7 Hrs)

Dhunche – Kathmandu by bus (6-7 hrs)

Day 16: Free day in Kathmandu

Free day in Kathmandu

Day 17: Final Departure.

Final Departure.