

# Timal Sailung Trekking

<https://www.nectravels.com/package/timal-sailung-trekking/>

Timal Sailung treks provides spectacular views of the mountains, beautiful terracing, traditional villages and Rhodoendron forests.

There are many small colourful hamlets and farmsteads en route. The main crops grown are rice, wheat, maize and millet. This trek takes you through villages mainly inhabited by Tamangs, Sherpas and Brahmins with some interesting monasteries and temples. Each group with its own values and tradition but all living together in harmony.

## Itinerary

### **Day Day 01: Arrive in Kathmandu & transfer hotel**

Arrival in Kathmandu & Transfer to Hotel.

### **Day Day 02: Sightseeing in Kathmandu including Boudhanath Stupa, Swyambhunath Stupa and Patan Durbar Square.**

### **Day Day 03: Drive from Kathmandu ( 4 hrs ) to Mude Bazaar . Overnight in Camp**

### **Day Day 04: Trek Mude Bazaar to Khola Khark . Overnight at Camp**

### **Day Day 05: Trek Khola Khark to Dhoramba Gompa. Overnight**

### **Day Day 06: Trek from Dhoramba Gompa to Bag Dhunga . Overnight at Camp**

### **Day Day 07: Trek Bag Dhunga to Gurase Bhanjyang. Overnight Camp**

### **Day Day 08: Trek Gurase Bhanjyang to Bholung Village .Overnight at camp**

### **Day Day 09: Trek Bholung Village to Chapkhore .Overnight at Camp**

### **Day Day 10: Trek Chapkhore to Kottimal .Overnight at Camp.**

**Day Day 11: Trek Kottimal to Namobuddha. Overnight at Guest house**

**Day Day 12: Namobuddha, trek to Panauti / drive ( 2 hrs ) to Kathmandu / overnight.**

**Day Day 13: Departure to onward destination.**