

Sundarijal Chisapani Nagarkot Hiking

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Sundarijal Chisapani Nagarkot Hike combines the best of nature with some typical local life. It also includes gorgeous Himalayan views, captivating sunset and ethereal sunrise from Chisapani and Nagarkot.

This hike makes for an ideal vacation in a matter of three days. This trip starts with a short drive to Sundarijal. Sundarijal is a popular hangout and busy picnic spot in the north of Kathmandu. Falling inside the boundaries of Shivapuri National Park, this is a place of cool shades, tall trees, beautiful streams and serene atmosphere all in striking contrast to the noise and crowd of the city.

Itinerary

Day 01: Transfer to Sundarijal - Trek to Chisapani (2300 m)

Transfer from Kathmandu to Sundarijal by private vehicle and admire the Nepalese scenery on the 1-hour drive. Start your 4.5-hour trek upon arrival in Chisapani, entering the spectacular Shivapuri National Park. Established in 2002, the park provides panoramic views of the jagged peaks of the 2nd highest mountain in the Kathmandu Valley, as well as an abundance of pine and oak forest flora, fed by the fertile watershed landscape.

Along the way, you will come to the village of Mulkharka, home to the traditional Tamang people. Descend the mountain trails to Chisapani, where you will check in to your overnight lodge accommodation.

Day 02: Trek to Nagarkot (2100 m)

Wake to see the heart-stopping snow-capped mountain views to the north. After breakfast, start your 2.5-hour trek to Chauki Bhanjag, where you will pause for lunch with the mountains of the north as your backdrop. The afternoon, 3-hour descent takes you to Nagarkot, where on a clear day you can see the Himalayas stretching from Dhaulagiri in the west all the way past Everest to Kanchenjunga in the east. Check into your hotel accommodation for the night.

Day 03: Trek to Changunarayan - Transfer to Kathmandu

Your last day's trek takes you to Changunarayan, a hike of about 3.5 hours. The most popular walk around Kathmandu, the route leads down from Nagarkot along a ridge to Changu Narayan Temple, where beautiful views of the village of Sankhu and the Bhaktapur area await. Built in 323 AD by King Hari Datta Varma, and said to be the oldest temple in the valley, Changu Narayan is richly decorated with sculptures and carvings.

Your transfer to Kathmandu will be waiting, giving you the opportunity to finally rest your legs on the drive back to the city.