

Shivapuri Nagarjun Hiking

<https://www.nectravels.com/package/shivapuri-nagarjun-hiking/>

Shivapuri is a protected zone situated on the northern rim of the Kathmandu valley (2,732 m). You can see the spectacular view of the Kathmandu valley & panoramic mountains. Most of the trek is through undisturbed thick oak forest. If you are lucky you may come across spotted deer, monkeys and jackals on the trail.

The hill at Nagarjun overlooks the famous Stupa of Swayambhunath known to many as monkey temple. The hilltop temple is thought to be the meditation place of the Buddhist Sage Nagarjun who visited the area while the Kathmandu valley was still a huge lake, there are a number of meditation caves still to be seen on the hillside. The trail starts about one kilometer from Balaju on the road to Trisuli. Prepare to spend five to six hours walking.

Itinerary

Day 01: Drive through Nagarjun to Kakani (45 minutes / 2,066 m) from where we will start trekking. We will enter the National park and follow a bumpy road to get to Gurje Bhanjyang (1,800 m).
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Day 02: Hike to Shivapuri (2,732 m) and trek to Chisapani (2,194 m).

Hike to Shivapuri (2,732 m) and trek to Chisapani (2,194 m). Walk up early in the morning to see the sunrise over the white-mountains. Breakfast will be served about 7:00 AM. After breakfast, we will start our trek to Chisapani (2194m). It takes 4 hours. Walk along the ridge between the Shivapuri watershed forest and the panoramic attraction of the Himalaya and overnight camping in Chisapani.

Day 03: Trek along the ridge to Nagarkot (2,100 m).

Walk between the village and forest, continue our journey to Nagarkot 2300m above the sea-level. This spot provides an excellent view of the sunset and Mount Everest can be seen on a clear day. O/N camping in Nagarkot.

Day 04: Trek to Changunarayan for four hrs & drive back to Kathmandu.

Today, the trail will descend to Changunarayan after having morning breakfast. It will take

about 2 hours. We will pass through terraced fields and local villages inhabited by Tamang and Newar as well as green forest until Changu Narayan, the oldest medieval Hindu temple in Nepal. Changu Narayan Temple was built in the 4th century during the Licchavi King Mandev period. We will have lunch there and drive back to Kathmandu by private car. It will take about 1 hour.