

Seti River Rafting in Nepal

<https://www.nectravel.com/package/seti-river-rafting/>

Seti River rafting is an ideal trip for those wanting to experience some of the stunning river scenery in Nepal without the intensity of complex or challenging rapids. The Seti is a very suitable river for family trips and it's the best river to learn kayaking in Nepal.

Seti River rafting is an excellent river for those who do not have time and previous experience. This is a unique river that passes through two beautiful and contrasting scenic areas, villages and forest. Relatively small volume blue and warm water cuts through deep gorges and lush jungle and finally meets the Trishuli River at Ghai Ghat (above Narayan Ghat). It is the best river for family trips and Kayak learners.

The river starts from Machhapuchhre and flows through Pokhara valley. The name "Seti" is named for the color of the river that means purely white. The warm and beautiful Seti River passes through stunning jungle scenery, green hills and valleys. It is an excellent river for bird-watchers and those interested in the abundance of nature found on this trip.

This normally gentle river has plenty of small and straightforward rapids. During the monsoon months the intensity of the rapids increases and attracts a radically different set of rafters.

Itinerary

Day 01: Drive to Damauli and short rafting trip/ camping at Corridor of jungle near the riverbank

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Day 02: Corridor of jungle nears the riverbank to Gaighat; rafting till 3PM (approx.) and drive back to Kathmandu or visit Chitwan National Park or drive to Pokhara.

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