

# Paragliding in Nepal

<https://www.nectravels.com/package/paragliding-in-nepal/>

Nepal is a relatively new adventure sport. Paragliding in this Himalayan country can be a truly wonderful and fulfilling experience for the adventure-seekers. You can experience unparalleled scenic grandeur as you share airspace with Himalayan griffon vultures, eagles, kites, while floating over villages, monasteries, temples, lakes and jungles, with a fantastic view of the majestic Himalayas.

The main area for flying in Nepal is the Annapurna region. It's specifically the Pokhara valley. This lakeside town is Nepal's second "city", nestled at the foot of the Annapurna Himal, the views commanded from here, 3 of the world's 8000m peaks, are unsurpassed. At an altitude of 800m, the subtropical climate means that, year round, it is short and T-shirt weather. The micro-climate of the valley makes it an ideal area for flying, with far more constant conditions than the Kathmandu valley 150 km east.

## Paragliding Conditions:

It is the monsoonal climate that makes Nepal such a great place to fly. The high rainfall in the summer and the latitude of the country means that the tree line is at an incredible 3900m. With a subtropical climate there are no prevailing or valley winds, it is pure thermic flying, milder than late summer alpine conditions. Once the monsoon has left the conditions are seriously constant. Looking down on centuries of engineering Launching from Annapurna Base Camp.

## SEASON

The season runs from early October until the beginning of May. The most popular months are November, December and January, because of the super consistent weather during this time. On average over the past 4 seasons these months have only had 3 out of 90 days non flyable.

## SCHEDULE FLIGHT

9.30 AM – 1 st Flight | 11.30 AM – 2 nd Flight | 13.30 AM – 3 rd Flight – EVERYDAY

## Itinerary

### Day 01: Drive to Sarangkot for Paragliding

Pick-up from office at Lakeside, Pokhara

Drive to to Sarangkot for Paragliding

Drop-off to an office at Lakeside, Pokhara

Duration: 2.5 to 3hrs for a group (includes the whole process; departure from Lakeside until return back to Lakeside & the ride itself is maximum 2 minutes)