

Nepal Tibet Bhutan combined Tour

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This tour will take you to three different Himalayan countries of Nepal, Tibet and Bhutan. After admiring the graceful pagodas, temples and stupas of the Kathmandu valley. We will drive to wildlife in Chitwan & Natural beauty of Pokhara in Nepal.

After the Nepal tour we will fly over Mt Everest to Tibet in Lhasa. Lhasa has historical and cultural highlights along with the awesome Potala Palace of the Dalai Lamas, Jokhang temple, Norbulingka Summer Palace, the great Drepung and Sera Monasteries before flying back to Nepal.

From Kathmandu fly to Paro, Bhutan. In the 'land of the peaceful dragon,' Bhutan, your visit includes the valleys of Paro (Taktshang) and Thimpu, the capital of Bhutan, and the picturesque Punahka and Wangdu valleys. A wonderful landscape of Himalayan cultures & religions.

Itinerary

Day 01: Kathmandu Arrival (D)

Arrive at Kathmandu International Airport and get transferred to a hotel. Briefing for the tour. Evening welcome dinner.

Day Day 02: Kathmandu Sightseeing

After breakfast, proceed for a city tour of Kathmandu visiting Durbar Square, a complex of palaces, courtyard and temples, built between the 12th and 18th centuries used to be the seat of the ancient Malla kings of Kathmandu. In the afternoon visit the Swoyambunath Stupa and Patan City. Swoyambhunath Stupa, atop the hillock is one of the holiest Buddhist sites in Nepal enlisted in the World Heritage Site. Patan City is an enchanting melange of palace buildings, artistic courtyard and former palace complex. One remarkable monument here is a 16th century temple dedicated to the Hindu God Lord Krishna, built entirely of stone..

Day Day 03: Drive from Kathmandu-Chitwan (5-6 hrs, 150 Km)

After breakfast, drive to Chitwan and check in upon arrival. Lunch will be served at the resort/lodge. In the afternoon proceed for a tour to Tharu Village and witness the Tharu Cultural Performance.

Day Day 04: Chitwan Activities

After breakfast, your adventure holiday starts off with canoeing in the Rapti River where you can see Gharial and then, a visit to the Elephant breeding center. After Lunch proceed to the jungle for a guided safari on Elephant where you are free to see animals such as rhino, antelope and other wildlife as you move through the jungle.

Day Day 05: Drive from Chitwan-Pokhara (5-6 hrs, 160km)

After breakfast take a quick tour of Birdwatching after which we drive to Pokhara. Pokhara is a place of remarkable natural beauty. The serenity of Phewa Lake and the magnificence of the Fishtail Peak rising behind it create an ambiance of peace and tranquility. Pokhara is a perfect place to see the panoramic view of Himalayan region including Annapurna and Dhaulagiri

Day Day 06: Pokhara Sightseeing

After breakfast, proceed for a half-day sightseeing tour of Pokhara City including David fall, Gupteshwor Cave, Tibetan refugee camp, Peace Stupa and 1 hour boating at Lake Phewa. Free at leisure for the remainder of the day.

Day Day 07: Drive from Pokhara-Kathmandu (6-7 hrs Drive 210 km)

After breakfast, We will drive back to Kathmandu through the Trisuli River. You can do the optional day trip to Trishuli River rafting. Cost will be USD 35 per person. Overnight in Kathmandu.

Day Day 08: Fly to Gonggar airport of Lhasa (3650 m), afternoon free for acclimatization.

Welcome to the roof of the world! Your Tibet journey starts with warm greetings with Khaada/Mala/White Scarf From by your tour guide. Khaada is a Tibetan traditional welcoming and blessing scarf which consists of the meaning of good luck. You will be picked up at the airport then be escorted to your hotel in Lhasa city at the comfort of your own private vehicle. During the hour-long drive to your hotel in the city, enjoy the breathtaking view along the Yarlung Tsangpo River. Tibetan features can be seen along the way, including Big Buddha engravings on the hill near the road, colorful prayer flags and friendly Tibetan people. Overnight at Lhasa.

After you arrive at your hotel, the rest of the day is free for you to explore around Lhasa and acclimatize yourself to this high altitude city at the top of the world. The altitude in Lhasa is about 3,650m above sea level.

Day Day 09: Lhasa Sightseeing including Potala Palace, Jokhang Temple

After Breakfast Take the challenge of climbing up to Potala Palace (3,650m above sea level) and get a great view of Lhasa's urban areas. Great photographic opportunities along the way up as you will have a great view of the traditional Tibetan architecture. Hear the story of the Dalai Lamas and see chapels that the Dalai Lamas studied, rested and worked in. Pass former Dalai Lamas' graves which are decorated with beautiful treasures.

Continue your tour to Jokhang Temple, which is within walking distance from Potala Palace. It is considered the spiritual center of Tibet. You will see many pilgrims worship within or nearby the temple. Enter the first floor of the temple and absorb the religious atmosphere, you will see pilgrims are donating butter oil to keep the lights burning for the Buddha. While learning about more Buddhas and Lamas than you can possibly remember you will gain a feeling for the vast history of Tibetan Buddhism. You might also hear red-robed Lamas praying. Walk up to the roof of the temple, take some pictures of the gold roof and enjoy the beautiful sunshine of Lhasa while observing pilgrims praying in front of the temple. Finally, join locals in a traditional pilgrimage route by taking a relaxing walk in a large circular path around Jokhang Temple at Barkor Street. The street is filled with pilgrims taking part in religious activities and street vendors selling a wide variety of traditional Tibetan goods and religious items. If you like you can also ask your tour guide to take you to visit a Thangka workshop to marvel at the fabulous Thangka art work. There are cafes along the street as well. You can relax and enjoy life in Lhasa on a lazy afternoon.

Day Day 10: Lhasa Sightseeing including Norbulinka, Drepung Monastery & Sera Monastery.

After breakfast, you are driven to visit the Norbulingka Park, the former summer palace of the Dalai Lama. Explore the beautiful gardens and experience one of the most holy sites in Tibetan Buddhism while soaking up the rich history. Next, come to Drepung Monastery, which was once the largest Tibetan Buddhist monastery housing 10,000 monks in its heyday. Learn about the lives of Tibetan monks.

Your tour ends at Sera Monastery, where you will get the chance to experience "Buddhism Scriptures Debating". These debates are unique to Sera and are quite famous. Enjoy the debates.

Day Day 11: Fly from Lhasa-Kathmandu

After Breakfast, We will transfer to the Airport for a flight to Kathmandu. Free day in Kathmandu. Overnight in Kathmandu. Its trans Himalayan flight can see the panoramic view of mountains including Everest.

Day Day 12: Arrival at Paro (2,250m / 7,382ft) and drive to Thimphu (2,320m/7,610ft) – 2 hrs. drive.

Upon arrival at Paro Airport. Our Guide will meet and drive to Thimphu the capital of Bhutan through terraced fields along the river banks down stream to its confluence with Wangchu then up valley to Thimphu. Overnight in a hotel.

Day Day 12: Thimphu Sightseeing

Morning visit Memorial Chorten, and drive to see Takin (Bhutan's national animal) penned up there between the pine trees. After lunch visit Jungshi Paper Factory, Nunnery Monastery, Arts and Crafts School. After this, your hotel will welcome you for dinner.

Day Day 13: Thimphu-Punakha-Wangdi-Thimphu

Drive to Punakha over the Dochu La pass which is at an altitude of 3,050 meters (10,000 ft) and on the way you will see more of the beautiful scenery Bhutan has to offer. Once at Punakha, visit Punakha Dzong, and settle down for lunch. After lunch, visit Wangdi Dzong from the outside and drive to Thimphu. Overnight at the hotel.

Day Day 14: Thimphu-Paro - Tiger Nest Monastery Sightseeing

Morning after Breakfast, drive to Paro about one hour , On the way visit Simtokha Dzong (the oldest Dzong in Bhutan) Drive to Base hiking point of Tiger nest monastery, The hike which is all the way uphill takes about more or less three hours through villages and pine forests. The monastery clings to a huge granite cliff 800 meters from the Paro valley. Afternoon proceeds through the beautiful valley to the watch tower or locally known as Ta-Dzong. It was housed into the National museum in the 1960s by the third King Jigme Dorji Wangchuck. The seven floors museum highlights various aspects of Bhutanese culture and history dating back to the 7th century. A short walk downhill to the Rinpung Dzong which serves as the administrative center and school for monks, walk further down crossing the traditional bridge into Paro Town, Overnight in the hotel.

Day Day 15: Flight from Paro-Kathmandu

Early breakfast and transfer to Paro Airport. Arrival in Kathmandu and transfer to a Hotel. Free day in Kathmandu for shopping.

Day Day 16: Warm Departure

After Breakfast transfer to airport for onward flight.