

# Mt Lhotse Expedition in Nepal

<https://www.nectravels.com/package/mt-lhotse-expedition/>

Mt. Lhotse was climbed by a Swiss expedition in 1956. Its lower peak, mount Lhotse Shar 8383m, sometimes considered a separate 8000m peak, Mount Lhotse, which means “South peak” is a part of the Everest massif, just to the south of Everest. The primary route on mount Lhotse is via Everest’s South Col. But by 1955, despite the activity on Mount Everest, Lhotse was the highest unclimbed peak in the world.

The first attempt on Mount Lhotse was by an international team in 1955. One member of the party was Erwin Schneider; during this expedition, he began work on the first of the series of high-quality “Schneider maps of the Everest region”. The same Swiss party that made the second ascent of Everest in 1956 that made the first ascent of Mount Lhotse from a camp just below the South Col.

Mount Lhotse Shar was first climbed by an Austrian expedition in 1970. Japanese, South Koreans, and Germans attempted various routes on its main peak. Poles and Italians also climbed the summit before the summit was reached again by German expeditions in 1977.

## Itinerary

### **Day 01: Kathmandu Arrival & Transfer to Hotel**

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### **Day 02: Document preparation in Kathmandu**

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### **Day 03: Mt. Lhotse Expedition briefing & Preparation**

Mt. Lhotse Expedition briefing & Preparation

### **Day 04: Fly Lukla (2,880m) & trek to Phakding (2,652m)**

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**Day 05: Trek to Namche Bazaar (3,447m)**

Namche Bazaar (3,447m)

**Day 06: Rest and acclimatization at Namche Bazaar**

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**Day 07: Trek to Thyangboche (3,863m)**

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**Day 08: Trek to Pheriche (4,220m)**

Pheriche (4,220m)

**Day 09: Acclimatization at Pheriche**

Acclimatization at Pheriche

**Day 10: Trek to Lobuche (4,931m)**

Lobuche (4,931m)

**Day 11: Trek to Everest Base Camp (5,360m)**

To Everest Base Camp (5,360m)

**Day 12: Trek Base Camp Set Up and preparation for the Climb**

Base Camp Set Up and preparation for the Climb

**Day 13-32: Mt. Lhotse (8,516m) Climbing period**

Mt. Lhotse (8,516m) Climbing period

**Day 33: Trek to Lobuche (4,931m)**

Lobuche (4,931m)

**Day 34: Trek to Thyangboche (3,867m)**

Thyangboche (3,867m)

**Day 35: Trek to Descend Namche Bazaar**

Descend Namche Bazaar

**Day 36: Trek to Lukla (4½ hrs)**

Lukla (4½ hrs)

**Day 37: Trek to Lukla / Kathmandu by Flight**

Lukla / Kathmandu by Flight

**Day 38: Free day in Kathmandu**

Free day in Kathmandu

**Day 39: Final departure**

Final departure