

# Mount kailash trekking

<https://www.nectravels.com/package/mount-kailash-trekking/>

Mount Kailash Kora is 52 km long, and usually takes three days to complete. Altitude ranges from 4675m at Darchen, the starting point to 5630m at Drolma-la, the highest point of the kora.

The kora is made in a clockwise direction by Hindus and Buddhists but counterclockwise by followers of the Jain and Bön religions.

Most travelers to Far-west Tibet the prime focus of their journey is the sacred peak of Mount Kailash(6,658 metres). This extraordinary mountain is regarded as the “heart of the world”, the center of Asia, by Buddhists, Hindus and the followers of other spiritual traditions. All special destinations for the travelers to reach, Mount Kailash is surely one of the most sublime and sacred places.

## Itinerary

**Day 01: Arrival in Beijing, then connecting flight to Chengdu. 1N in 3 star Hotel Mt. Kailash**

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**Day 02: In the early morning fly to Tibet, in the afternoon rest and acclimatize. 3N in 3 star hotel (B/L)**

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**Day 03: Lhasa:visit Potala Palace and Johkang temple and walk around the famous Barkor Street.(B/L)**

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**Day 04: Lhasa:visit Drepung and Sera monastery.(B/L)**

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**Day 05: Lhasa-Gyantse, visit Yamdrok Lake and Palkor monastery. 1N in 3 star hotel (B/L/D)**

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**Day 06: Gyantse-Shigatse, visit Tashilunpo monastery in Shigatse, 1N in 3 star hotel (B/L/D)**

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**Day 07: Shigatse-Latse, 1N in simple Guesthouse (B/L/D)**

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**Day 08: Latse-Saga, a whole day's driving, about 300km. The army town of Saga(4600m) is the last town of any size on this route.1N in simple Guesthouse (B/L/D)**  
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**Day 09: Saga-Paryang, Another day's driving(260km) will take us to Paryang in the heart of western Tibet, where the four great rivers of South Asia diverge from their glacial sources around Mount Kailash. During the rainy season, the roads to Paryang are likely to be washed out by floods, in which case we may need to drive the truck through a 30 cm(11.7 inches) deep stream.1N in simple Guesthouse (B/L/D)**  
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**Day 10: Paryang-Darchen,Darchen(4575 meters) is the starting and completion point for the general circuit of the sacred mountain. It is wise to spend at least a Day here in preparation.1N in Guesthouse (B/L/D)**

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**Day 11 -13: Trekking around Kailash Camping/Guest Houses (B/L/D)**

Trekking around Kailash Camping/Guest Houses (B/L/D)

**Day 14: Lake Manasarovar. We will camp another night at this sacred lake. We will take a walk up to the Chiu Monastery, located atop a cliff, to enjoy the spectacular view of the lake.**  
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Camping/Guest House (B/L/D)

**Day 15-16: Darchen-Tsada, The road to Thsada is terrible, and go over some very high passes, taking a whole Day. We will spend a day driving to Zhanda, a small town situated deep in a valley. The drive itself offers a breathtaking view of sand-rock formations shaping the deep valley. We will spend another day in the area to visit the ruins of the Guge Kingdom, which ruled western Tibet 300 years ago. 2N in Guesthouse (B/L/D).**  
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**Day 17-20: Tsada-Lhasa, We will return to Lhasa by retracing the original route we took, stopping on the way to play frisbee in the grasslands with Tibetan children or photographing golden haired yaks grazing in the sunset.**

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**Day 21: Lhasa-Chengdu-Beijing, in the early morning transfer to airport and fly to Chengdu, then connecting flight to Beijing, self transfer to hotel and then free time. 1N in 3 star hotel.**  
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**Day 22: Self transfer to airport and departure from Beijing. (B)**