

Mardi Himal Climbing in Nepal

<https://www.nectravels.com/package/mardi-himal-climbing/>

Mardi Himal is considered to be an ideal introduction to mountaineering in the high Himalaya particularly if you have limited time available. No previous experience of high altitudes is necessary.

It will be taken to ensure gradual and thorough acclimatization during the trek to the mountain. Although Mardi Himal is the shortest and probably the easiest of our expeditions to Nepal to maximize both your enjoyment and your chances of success.

A major benefit of Mardi Himal is the ability to climb it in a round trip of a little over two weeks. It therefore makes a visit to the Himalaya a real possibility for those who have not been able to find the time to join a longer expedition.

This peak is located in the east of the Modi Khola, across the valley from Hiunchuli. It is separated from Machhapuchhre ridge by a col and usual route of ascent reaches this col (5,200m) and reaches the summit via a route on its east flank.

Although the mountain rises above the entrance to the Annapurna sanctuary which is not often visited. The trek reaches and then follows the Mardi Khola for 2 days before turning and climbing the ridge line for 3 more days before reaching base camp around 4,100 m. After Breakfast transfer to the airport for your next destination.

Itinerary

Day 01: Arrival in Kathmandu and transfer to Hotel.

On arrival in Kathmandu Airport, you would be met and received by our representative & transfer to the hotel. Overnight at the hotel.

Day 02: Kathmandu Sightseeing

After breakfast, proceed for a city tour of Kathmandu visiting Durbar Square, a complex of palaces, courtyard and temples, built between the 12th and 18th centuries, used to be the seat of the ancient Malla kings of Kathmandu. In the afternoon visit the Swoyambunath Stupa and Patan City. Swoyambhunath Stupa, atop the hillock is one of the holiest Buddhist sites in Nepal enlisted in the World Heritage Site. Patan City is an enchanting melange of palace buildings, artistic courtyard and former palace complex. One remarkable monument here is a 16th century temple dedicated to the Hindu God Lord Krishna, built entirely of stone.

Day 03: Drive to Pokhara (850m) 6-7 hrs

We will take a scenic bus ride passing through traditional rice terraced fields, charming villages, powerful rivers and waterfalls on the way to the charming lakeside town of Pokhara where we will spend the night.

Day 04: Drive to yaenja and trek to Gyachok (1420m) 5-6 hrs

We take an early morning drive to the village of Hyenja to begin our trek passing along the Mardi Khola River over a rope bridge before passing through a series of peaceful farming villages. We will stay the night in the town of Gyachok taking time to talk to the locals to learn more about their traditional lifestyle before taking in a scenic sunset with views of Machhapuchhre and Mardi Himal

Day 05: Trek to Sano Khoban (1600m) 5-6 hrs

We continue our hike through charming villages, each with their own unique culture and architecture. We move along scenic traditional terraced fields before continuing along a hill to Dhiprang and stopping for lunch along the river. We finish the day with a relaxing hike before finishing the day with a steep climb to the pasture of Sano Khoban to make camp for the night.

Day 06: Trek to Pipa (3150 M) 5-6 hrs

After breakfast we pass through a relaxing forest before continuing up the arduous uphill forest path leading to a small ridge that takes us to Pipa.

Day 07: Acclimatization Day

To protect against altitude sickness, we will take an acclimation day where you are free to relax with the locals or take a few short hikes to admire the local scenery.

Day 08: Trek to Thulo Kharka (4120m) 5-6 hrs

The trail continues along the ridge offering several scenic vantage points offering sights of Manaslu in the east and the greater Annapurnas to the west. We spend the day hiking along the ridge before making camp for the night in the traditional grazing grounds of Thulo Kharka.

Day 09: Trek to Mardi Himal Base Camp (4100m) 3-4 hrs

We continue along the trail past the scenic pastures rising towards the basecamp. We continue for a few hours before reaching the valley base camp offering excellent sunset views of Mardi Himal.

Day 10: Acclimatization day

To protect against altitude sickness and ensure proper rest for the following days, we will take another acclimation day where you are free to relax with the locals or take a few short hikes to admire the local scenery.

Day 11: Trek to High Camp (4650m) 2-3 hrs

We take a very steep climb up from the basecamp moving along slippery rocks before arriving in a conveniently located campsite providing shelter from the strong winds. We will spend the night preparing our gear and enjoying the beautiful starlight sky in anticipation of our ascent the following day.

Day 12: Mardi Himal Ascent (5,555 m) 7-8 hrs

We take an early start to climb to the peak located nearly a kilometer overhead. We head toward a path between Mardi Himal and Machhapuchhre before using our crampons for the 4-hour trip up the slippery and windy ridge. After a steep climb, we arrive at the summit stopping to enjoy the panoramic views to highlight our journey. We then continue down along the same path and spend the evening back at high base camp for the night.

Day 13: Trek to Korchoon (3680 m) 8-9 hrs

In order to properly enjoy our descent, we will move along a different path back to Pokhara first continuing to the town of Korchon. Today's hike is a relatively easy gradual descent that passes through several scenic vantage points.

Day 14: Trek to Riban (1780m) 5-6 hrs

We will continue along the trail past Odane Hill down a difficult hill known for its hidden holes and unstable ground. Taking plenty of time to make a safe descent, we will continue through a dense forest before spending the evening in Riban known for its local beer and traditional music.

Day 15: Trek to Hyenja and drive to Pokhara

Our final day of hiking takes us past the Mardi Khola and Mardi Pul where we will stop for a relaxing lunch before arriving in Pokhara. We continue with a scenic drive to the laidback town of Pokhara to spend the evening exploring the scenic lake and friendly local streets

Day 16: Return to Kathmandu

We will take a scenic bus ride back to the bustling capital city of Kathmandu. Free day for Shopping .

Day 17: Warm Departure.

After Breakfast transfer to the airport for your next destination.