

Lower Manaslu Trekking

<https://www.nectravels.com/package/lower-manaslu-trekking/>

Lower Manaslu trekking trail explores various tourism destinations and attractions in the Lower Manaslu region of Gorkha district of central Nepal. The ancient capital of Nepal which is the place from where unification of Nepal was started by King Prithvi Naryan Shah.

There are several places of historical and archeological importance in the district. Blessed by natural splendor and land marked by plethora and land marked by plethora of historic, religious, ecological and cultural importance it has every potential to be featured as one of the favored tourist destinations of the country. However, the number of tourists coming to this region is limited. Lower Manaslu trekking trail offers experience of moderate trekking, historical tour, pilgrimage tour, agro tourism and community based home stay.

Itinerary

Day 01: Arrival in Kathmandu & transfer to Hotel

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Day 02: Sightseeing in Kathmandu

Sightseeing in Kathmandu including Pashupatinath Temple, Boudhanath Stupa, Swayambhunath Stupa & Patan Dürbar Square.

Day 03: Drive Kathmandu to Manakamana (Cable Car)– Trek to Ghairung (1090m). Stay overnight in home stay.

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Day 04: Ghairung – Gorkha (900m). Stay overnight in a lodge at Gorkha Bazaar.

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Day 05: Gorkha excursion, visit ancient Gorkha Palace. Stay overnight in the same lodge.

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Day 06: Gorkha – Sirandanda (1900m). Stay overnight in home stay.

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Day 07: Sirandanda – Barpak Village (1920m). Stay overnight in community lodge.

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Day 08: Barpak Village – Laprak Village (2100m). Stay overnight in community lodge.

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Day 09: Laprak Village – Namabai Kharka (2700m). Stay overnight in a community lodge.

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Day 10: Hike up Dharche Danda (3220m) and trek to Tallo Thotneri. Stay overnight in the same place.
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Day 11: Tallo Thotneri – Ghyampesal. Stay overnight at home stay.

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Day 12: Ghyampesal – Kathmandu. About 6 hours drive, drop off at the hotel.

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Day 13: Departure

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