

# Lhasa Kailash Mansarovar Tour

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Tibet Lhasa Kailash Tour is projected for those who are looking to travel via Lhasa and visit together cultural heart of Tibet. In Lhasa guided sightseeing tour takes you to explore major highlighted spots of around including popular Potala Place, Sera Monastery, Jokhang Temple, Norbulingka summer place of Dalai Lama and Tibetan traditional Barkhor market.

Probably it is the best way for acclimatization halt day for further safe journey to the Mt Kailash and Mansarovar Lake. After this outstanding tour in Lhasa city onward tour will be commenced passing via various cultural prosperous towns of nomad land.

Tibet Lhasa Kailash Tour follows long days of overland journey you will arrive at shore of beautiful Mansarovar Lake and there you will halt a day to explore surrounding wonders. After enjoying awe-inspiring day at Mansarovar Lake, further KORA (circuit) will be started. All together three days of challenging hike will bless you as an ultimate journey of lifetime to be enlightened.

## Itinerary

### **Day 01: Arrival in Kathmandu and transfer to Hotel.**

On arrival in Kathmandu Airport, you would be met and received by our representative & transfer to hotel. Overnight at hotel.

### **Day 02: Kathmandu Sightseeing**

After breakfast proceed for city tour of Kathmandu visiting Durbar Square, complex of palaces, courtyard and temples, built between the 12th and 18th centuries, use to be the seat of the ancient Malla kings of Kathmandu. In the afternoon visit the Swoyambunath Stupa and Patan City. Swoyambhunath Stupa, atop the hillock is one of the holiest Buddhist sites in Nepal enlisted in the World Heritage Site. Patan City is an enchanting melange of palace buildings, artistic courtyard and former palace complex. One remarkable monument here is a 16th century temple dedicated to the Hindu God Lord Krishna, built entirely of stone. After breakfast proceed for city tour of Kathmandu visiting Durbar Square, complex of palaces, courtyard and temples, built between the 12th and 18th centuries, use to be the seat of the ancient Malla kings of Kathmandu. In the afternoon visit the Swoyambunath Stupa and Patan City. Swoyambhunath Stupa, atop the hillock is one of the holiest Buddhist sites in Nepal enlisted in the World Heritage Site. Patan City is an enchanting melange of palace buildings, artistic courtyard and former palace complex. One remarkable monument here is a 16th century temple dedicated to the Hindu God Lord Krishna, built entirely of stone.

### **Day 03: Kathmandu- Lhasa**

Our guide will greet you outside the baggage claim area at Gonggar Airport, where the altitude is 3,650 meters above sea level. A comfortable drive will transfer you to check in the hotel for a 3-night stay. It is suggested that you have a good rest at the hotel for the

remaining time of the day to acclimate the high altitude in case of acute mountain sickness.

#### **Day 04: Lhasa Sightseeing**

After breakfast, you are going to visit the Drepung Monastery, located in the west suburb of the city. It is one of the 'Three Great Monasteries' and the largest one in Tibetan Buddhism. Looking at a distance, the monastery is like a heap of rice, consisting of a group of white buildings layer upon layer. In the afternoon, visit the Sera Monastery, the second largest monastery in Tibet which is well-known for the excellent debating of Buddhist doctrines among lamas. After that, turn to visit the nearby Norbulingka Park, the most beautiful and largest man-made park in Tibet. This park has been built for 200 years and used to be the Summer Palace of religious leaders of the region.

#### **Day 05: Lhasa Sightseeing**

Your impressive excursion to the splendid Potala Palace is scheduled in the morning. Originally built in the 7th century as an imperial palace, the Potala Palace has experienced a 600-year's queasy time until to the reconstruction in the 17th century. From then on, it has been the political, religion, cultural and economic center of Tibet. Currently, it is the largest treasure house of this mysterious land, attracting a great number of travelers and pilgrims everyday. The following is a visit to Tibet Museum, which exhibits a number of historical relics and treasures.

After lunch, you will come to the Jokhang Temple, which is located in the city center. Constructed in the 7th century, the peak time of Tubo Kingdom, this temple is the best architectural combination of Tibet, Han, Nepal and India. It is also a holy Buddhist temple of worshipping the rare life-size statue of Sakyamuni at age twelve. Around the temple, it is the thriving bazaar of the Barkhor Street, which assembles a large number of pilgrims, travelers, businessmen and expats. Today's exciting journey will come to the end after visiting the Tibetan Traditional Medicine Hospital.

#### **Day 06: Lhasa to Gyantse, (Altitude 3900 m.)**

You begin your overland adventure with a full day drive to Gyantse. Along the way you cross the Kamba la (4794m) and the Karo la pass (5010m), both grant spectacular views. After the Kamba la you come to Yamdrok tso, also known as the Turquoise Lake. Overnight at Hotel.

#### **Day 07: Gyantse to Shigatse (Altitude 3800 m.)**

This will be a busy day. In the morning visit Gyantse stupa and monastery followed by a two hour drive to Shigatse. Here see the giant Buddha in the famous Tashilumpo monastery. The seat of the Panchen Lama. Overnight at Hotel.

**Day 08: Shigatse to Lhatse or Tingri, (Altitude 4350 m. / 4000m.)**

The journey today brings you over two high passes with fine views. For lunch we stop in the small town of Lhatse. Depending on how much time we spend during the morning in Shigatse we will stay overnight in Lhatse or Tingri. Here you will meet your Nepali staff for your onward journey. Overnight at Guest House.

**Day 09: Lhatse to Saga/4450m**

On the first long driving day over the sandy and rocky land of Tibet, other things like lake, nomads chasing thousands of yaks and sheep keep you busy. By the late afternoon you will cross Bhramha Purtra River way to typical Chinese and Tibetan town, Saga for night. Overnight at Hotel.

**Day 10: Saga to Paryang (4750m.)**

After breakfast, drive from Saga to Paryang, around 5-6 hours driving cross about 225 Km. The beauty of nature will pursue you continuously, wild lives and farm animals keep you busy during the driving period. Overnight stay at Hotel.

**Day 11: Paryang to Manasarovar - 4560m (Chui Gompa)**

After breakfast, we proceed from Paryang to Manasarovar around 6 hours drive, crossing about 180 Km. Drive to Chui Gompa via the circumambulation of Lake Manasarovar. Yattris will get an excellent opportunity to bath on the holy Lake Manasarovar. Overnight stay at guest house in the bank of Manasarovar lake.

**Day 12: Manasarovar to Darchen (4560m.)**

Morning time is free for holy dip and Pooja. After Lunch, we drive from Manasarovar to Darchen and a short rest at Darchen, drive to Serlung Gompa by Jeep to have divine view of

Astapada, Nandi Parbat, Kailashi Ganga, Kuber Parbat, Astamatrikagan Parbat and Dakshinmurti Shivalaya. Overnight stay at guest House.

**Day 13: Darchen to Dirapuk (4890m.)**

This is first day of the Kailash Parikrama. We start Parikrama after breakfast as earlier as possible. This day we have to walk about 7 hours continue. Yak will carry our all-essential equipments. Overnight stay at Camp.

**Day 14: Dirapuk to Zuthulpuk (4750m.)**

This day is very sensitive and we have to pass Dolma-La (5,670m) above sea level. The weather is unpredictable in Dolma-La, any time can change and start to snow storm. So we have to start our journey as earlier as possible. In route, we can get darshan of Gaurikunda. But it is very difficult to go and touch. Overnight stay at Camp.

**Day 15: Zuthulpuk to Saga**

This is the day we finish our Parikrama of Kailash Parbat at Zongjerpu and drive to Saga takes about 6-7 hours. Overnight stay at Hotel in Saga.

**Day 16: Drive Saga to Kerung (3700 m) 240 Kms./ 6 - 7 hours drive**

Today after breakfast we continue our drive further to Kerung. Night stay will be at Hotel Kerung or similar guest house.

**Day 17: Drive Kerung to Kathmandu**

After having breakfast Drive Kerung & Friendship Bridge where we finish the final formalities to exit Tibet area before crossing the Friendship Bridge. The Tibert side vehicle will go back and after a 15 minute walk we will reach the Nepal immigration post where we will have our Nepal representative waiting for us. After clearing the formalities at Nepal border we proceed to Kathmandu for a comfortable night stay.

### **Day 18: Warm Departure**

After Breakfast Transfer to Airport for your flight to Home.