

Kanchenjunga base camp Trekking

<https://www.nectravels.com/package/kanchenjunga-trekking/>

Kanchanjunga is the third highest mountain in the world at 8598 mtrs translated means crystal clear . The majority of trekking in this region around the Arun river whose origins date back to the prehistoric period.

Kanchenjunga Base camp trekking is a relatively strenuous and remote region which is rich in natural beauty. It is habitat to numerous wild animals with birds and exotic plants in abundance. The region contains three peaks above 8000m and eleven peaks above 7000m. It is also a region of glaciers which add to the overall experience. Sherpas inhabit the northern part of the Kanchenjunga region Rai, Limbu, Magar, Tamang, Brahman and Chhetri dominate the south of Kanchenjunga trek. This trek is in a rarely visited and very remote area of Nepal. This trek takes you through pleasant villages and beautiful farmland for more than a week before reaching the high country at Gunsu. After Gunsu it takes another four days before reaching the north side base camp Pang Pema (5100 m) with fantastic views of Makalu, Chamlang, Everest, Jannu and Kanchenjunga massif along the way. The area has an abundance of wildlife including musk deer and blue sheep. This is one of the most beautiful treks in the world.

Itinerary

Day 01: Arrival in Kathmandu & Transfer to Hotel

Arrival in Kathmandu & Transfer to Hotel. After refreshment briefing for trekking.

Day 02: Sightseeing in Kathmandu & preparation for trekking.

Full day Kathmandu Sightseeing including Pashupatinath Temple, Boudhanath Stupa, Swayambhunath Stupa & Patan Durbar Square.

Day 03: Kathmandu to Hille (1990 m). Fly Kathmandu(45 minutes) to Biratnagar & drive (5 hours) to Hile.

Hile is a quaint "frontier" town with a main street of the busy shops. The town is mixed with Chhetri, Magar , Tamang, Limbu , Rai, & some Bhotia.

Day 04: Trek Hille to Shidua (2237m)

Shidua (2237 m) via **Jora Bhatti village**. When the weather is clear, distant snow- capped peaks are visible.

Day 05: Trek Shidua to Door Pani

You will see panoramic views of Mt. Makalu ..(8356 m), Mt. Chamlang (7207 m) can be seen and ends at Door Pani.

Day 06: Trek Door Pani to Gupha Pokhari (2980 m)

The famous rhododendron , bamboo , past small ponds & scattered houses to the village of Gupta Pokhari where there are small stone houses, Tibetan prayer flags along with (Rai Limbu) tribal culture.

Day 07: Trek Gupha Pokhari to Nesum (1591 m)

Cross the pass at 2980 m, then walk to Nesum (1591 m) via Gurja Gaun overnight.

Day 08: Trek Nesum to Taplejung (1772 m)

Nesum to Taplejung 1772 m

Day 09: Trek Taplejung to Chiruwa (1171 m)

Taplejung to Chiruwa 1171 m

Day 10: Trek Chiruwa to Sakathum (1626 m)

The Yalung Glacier on the southside of Kanchanjungha can be seen from this trek.

Day 11: Trek Sakathum to Amjilassa (2400 m).

Sakathum to Amjilassa 2400.m

Day 12: Trek Amjilassa to Kyapra village (2730 m)(day rest)

Good views of the valley & several open yak grazing pastures exist here & clear side-streams provide good water supply.

Day 13: Trek Kyapra village to Ghunsa village (3480 m)

Kyapra village to Ghunsa village 3480 m

Day 14: Trek Ghunsa village to Khambachen

View of **Mt.Jannu (7594 m)** or The **Mystery Peak** or The terror. Walk to **Khambachen..4069. m** for camping.

Day 15: A rest day is taken here to enable time to relax.

A rest day is taken here to enable time to relax.

Day 16: Trek Khambachen to Lhonak

From this walk can be seen **Kanchanjungha Glacier** and crosses the lateral moraine then to the junction of Lhonak Glacier and the valley. After crossing the junction the trek ends at Lhonak (**7409 m**) camping

Day 17: Excursion around Lhonak

Day trip to Pangpema, observe the glaciers and mountain views.

Day 18: Trek Lhonak- Ghunsa Village (4700 m) .

Lhonak- Ghunsa Village: 4700. m , Same way back.

Day 19: Trek Ghunsa- Ramche or Tserang

You have two alternative Lapang- La pass(5932 m) or Miring- La pass (4805 m). If you follow the Lapang- La pass you will reach Ramche and if you follow the Miring- La pass you will reach Tserang.

Day 20: Trek Ramche- Tserang

Trek back viewing Yalung Glacier and the south face of Kanchanjungha, and walk to Tser.

Day 21: Rest day

Rest day

Day 22: Tseram to Ramite Bhanjyang (3201 m)

Walk to Torontan (2943 m) through rhododendron forest and rest at Ramite Bhanjyang.

Day 23: Trek Ramite Bhanjyang- Yamphudin

Walk Steeply to Omja Khola and walk the Dub Bhanjyang pass (2357 m) and descend to Yamphudin.

Day 24: Trek Yamphudin to Ponphe (1652 m)

Walk to Kabell Khola then ascend to Mamanka, a Limbu village & walk to Ponphe overnight camping .

Day 25: Trek Ponphe to Khunjari (1577 m).

Ponphe to Khunjari 1577 m

Day 26: Trek Khunjari- Taplejung (2237 m).

Khunjari- Taplejung 2237 m

Day 27: Drive to Biratnagar than flight to Kathmandu

Drive to Biratnagar than flight to Kathmandu

Day 28: Warm Departure

Transfer to Airport for your next destination.