## Kalinchowk Trekking

https://www.nectravels.com/package/kalinchowk-trekking/

Kalinchowk trek will lead to villages mainly inhabited by Tamangs, Sherpas and Brahmins. Along the trail also can some monasteries, Temples, fabulous views of the Mountains and Sunkoshi river.

After crossing Sherpa villages you come across a thick forest with lots of Rhododendron trees. Later you will reach highest altitude of Kalinchowk (3579 meters) you could get a good view of Annapurna, Lamjung, Manaslu, Ganesh Himal, Shisha Panga, Langtang, Dorjee Lakpa, Jugal Himal, Amabamori, Gauri Shanker and Namburi Himal.

There is also a prominent temple of the Hindus called the Kali temple. Two natural springs originate from this area which are called Sundhara and Tama which are the main source of the very big two rivers the Sunkoshi and Tama Koshi rivers. From Kalinchowk one could get a good view of Kathmandu at night.

The main flowers of Nepal Rhododendron (Laligurans) and the national bird Pheasant (Danfe) can also be seen in this area. While descending to Suspa you could get to see a very rare community in Nepal called "The Thami." The trek ends at Charikot which is also a district headquarters then drives back to Kathmandu.

Itinerary

## Day Day 01: Arrive in Kathmandu & transfer to hotel

Day Day 02: Sightseeing in Kathmandu

Day Day 03: Drive (3 hrs) to Barabise than Trek to Angeri Kharka

Day Day 04: Trek Angeri Khark to Biku Gompa

Day Day 05: Trek Biku Gompa to Sighate

Day Day 06: Rest day in Sighate

Day Day 07: Trek Sighate to Junggepati

Day Day 08: Trek Junggepati to Kalipokhari

Day Day 09: Trek Lalipokhari to Kalinchokthan

## Day Day 10: Kalinchokthan to Charikot Bazaar

Day Day 11: Charikot Bazaar / drive ( 6 hrs ) back to Kathmandu

Day Day 12: Departure to your onward destination.