

Jumla Rara Trekking

<https://www.nectravel.com/package/jumla-rara-trekking/>

Jumla Rara trekking lies northwest of Kathmandu in the remote area of Karnali. This route is very much 'off the beaten track' and affords glimpses of cultures and scenery are very different from the rest of Nepal. The clear & high altitude lake is ringed with pine, spruce & juniper forests and mirrors snow capped Himalayan peaks.

In summer rainfall is low, ideal for trekking. In the winter there is often snow on the ridge surrounding the lake but the autumn season trekker is rewarded with a profusion of alpine flowers. Except for the army assigned to the park, nobody has lived at the lake since the government resettled the people of Rara and Chapra when the area was declared a national park.

Itinerary

Day 01: Arrival in Kathmandu & Transfer to Hotel

Arrival in Kathmandu & transfer to Hotel . After refreshment briefing for trekking.

Day 02: Sightseeing Kathmandu Valley

After breakfast Sightseeing Kathmandu valley including Boudhanath Stupa, Swyambhunath Stupa, Kathmandu Durbar Square & Patan Durbar Square.

Day 03: Sightseeing in Kathmandu

After breakfast Sightseeing in Kathmandu including Pashupatinath Temple & Bhaktapur Durbar Square.

Day 04: Flight from Kathmandu to Nepalgunj .Overnight in Nepalgunj

Flight from Kathmandu to Nepalgunj. Overnight in Nepalgunj.

Day 05: Early morning flight to Jumla 2340m - Trek to Padmara 2740m

Early morning flight to Jumla than first trekking day Jumla 2340m – Padmara 2740m

Day 06: Trek Padmara 2740m - pass Danfhya Lagna 3600m - Bumra 2830m

Trek Padmara 2740m – pass Danfhya Lagna 3600m – Bumra 2830m

Day 07: Trek Bumra 2830m - Pass Gurchi Lekh 3400m - Pina 2430m (Jhari Khola)

Trek Bumra 2830m – Pass Gurchi Lekh 3400m – Pina 2430m (Jhari Khola)

Day 08: Trek Pina 2430m to Rara Lake 2980m

Trek Pina 2430m to Rara Lake 2980m.

Day 09: Trek Rara Lake 2980m - Gum Ghari 2200m - Mugu Karnali 1700m

Trek Rara Lake 2980m – Gum Ghari 2200m – Mugu Karnali 1700m

Day 10: Trek Mugu Karnali 1700m - Phaipata 2700m

Trek Mugu Karnali 1700m – Phaipata 2700m

Day 11: Trek Phaipata 2700m - Chankel Lekh 3600m - Rowali Khola 3000m

Trek Phaipata 2700m – Chankel Lekh 3600m – Rowali Khola 3000m

Day 12: Trek Rowali Khola 3000m - Darma 2100m

Trek Rowali Khola 3000m – Darma 2100m

Day 13: Trek Darma 2100m - Ripa 2000m

Trek Darma 2100m – Ripa 2000m

Day 14: Trek Ripa 2000m - Torpa 2200m

Trek Ripa 2000m – Torpa 2200m

Day 15: Trek Torpa 2200m - Raling Gompa 3600m (camp Chakdrul Phulcha)

Trek Torpa 2200m – Raling Gompa 3600m (camp Chakdrul Phulcha)

Day 16: Trek Raling Gompa - Mt Shelmogang 5300 m (Crystal Peak)- Raling Gompa

Trek Raling Gompa – Mt Shelmogang 5300 m (Crystal Peak)- Raling Gompa

Day 17: Trek Raling Gompa - Nyimatang 3000

Trek Raling Gompa – Nyimatang 3000

Day 18: Trek Nyimatang - Simikot - Masigaon 2200m

Trek Nyimatang – Simikot – Masigaon 2200m

Day 19: Trek Masigaon 2200mm- Kermi Hot springs 2700m

Trek Masigaon 2200mm- Kermi Hot springs 2700m

Day 20: Trek Kermi Hot springs 2700m - Masigaon 2200m (going back)

Trek Kermi Hot springs 2700m – Masigaon 2200m (going back)

Day 21: Trek Masigaon 2200mm - SIMIKOT 3000 m

Trek Masigaon 2200mm – SIMIKOT 3000 m

Day 22: Flight from Simikot to Nepalgunj, Overnight in Nepalgunj

Flight from Simikot to Nepalgunj, Overnight in Nepalgunj

Day 23: Flight from Nepalgunj to Kathmandu

Flight from Nepalgunj to Kathmandu

Day 24: Warm Departure

Warm Departure