

Journey to Southern Zaskar Trekking

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Trekking is a popular adventure sport in India and has attracted many enthusiasts across the nation and the globe. India is home to some of the most dangerous and challenging mountainous terrains and valleys which are full of scenic and ethereal beauty.

These mountain ranges are hotspots for trekking expeditions providing the chills and frills of an adventurous journey. Unmatched in their

flora and fauna these high altitude terrains are worth visiting at least once in a lifetime. People who love to experience strenuous ventures and unexplored territories must try out exploring the Ladakh region situated in the North-Eastern region of Jammu and Kashmir.

Zaskar is an inviting mountaineering destination that will not only test your physical and mental limits but it is also an opportunity to tread into the serene uncharted territories, places where very few men have set foot and also a chance to conquer the massive mountains by scaling high altitude peaks. Southern Zaskar with its vivid ecology, cascading waterfalls, silent valleys, clear rivers and snow covered peaks guarantees to be one of your finest trekking experiences.

Zaskar is located in the eastern part of Jammu and Kashmir along the banks of the river Zaskar at an average altitude of 3500m-7000m. Its geography is scattered with passes and valleys like the Shingo la which locals say is one of the most thankless and sordid routes with no natural grandeur.

In the north eastern part of Zaskar lies the Zaskar mountain range where a variety of wildlife like the snow leopard, bear, white yak, ibex etc are in abundance. The region is an amalgamation of wildlife, natural beauty, rich culture and amazing people. Climate in summer is pretty warm and dry with heavy snowfall in winter. It is considered to be one of the harshest inhabited terrains in the world. People here are mostly Tibetan Buddhists or Sunni Muslims and cohabit quite peacefully.

Itinerary

Day 01: Arrive Delhi

Upon arrival at Delhi airport met our representative & transfer to the hotel for overnight stay.

Day 02: Delhi - Leh

Take the morning flight for Leh.

Day 03: Leh - Shey - Thiksey - Hemis

On this day you will go on a sightseeing trip to some ancient monasteries in this area.

Day 04: Leh - Mulbek

In the morning after breakfast drive to Mulbek via Kargil. The drive takes you over the Fotu La. On arrival set out camp for overnight stay.

Day 05: Mulbek - Rangdum

In the morning drive to Ramela via Panikar and Prakachik. One can see the views of the magnificent twin peaks of Nun & Kun. On arrival set out camp for overnight stay.

Day 06: Ringdom - Padum (5 hrs)

In the morning we will drive up to Padum. Enroute we will cross Peni La and from here one can find the magnificent view of the Zaskar range. Dinner and overnight stay in tents.

Day 07: Padum - Zangla (20 kms/7 hrs)

In the morning we will set out for our day one trek up to Zangla. Enroute we will Cross the Tsarap River Bridge & the Karsha Gompa. Overnight stay in tents.

Day 08: Zangla - Sumdo Village (9 kms/3 hrs)

After breakfast, trek up to Sumdo Village. After a few hours of trek we will enter Zulung valley. On arrival set our camp for overnight stay.

Day 09: Sumdo Village - Camp Site (16 kms/6 hrs)

Today we will trek through the Cha Cha La. One can see the beautiful views of the Himalayan Range. Camp for overnight stay.

Day 10: Campsite - Tilat Sumdo (17 kms/7 hrs)

After breakfast, trek up to Tilat Sumdo. On this day we can find some wild life. The route is full of thrill & adventure. Dinner and overnight stay in camp

Day 11: Tilat Sumdo - Base of Rubang La (17 kms/6 hrs)

From Tilat Sumdo we will trek up to the base of Rubang La. Here you can see the Yaks & Horses. On arrival set out camp for overnight stay.

Day 12: Base of Rubang la - Markha Valley (17 kms/ 6 hrs)

Today we will cross the Rubang La (5020 mts/16465 ft) and finally reach one of the most popular valleys in Ladakh region; Markha valley. Dinner and overnight stay in camp.

Day 13: Markha Valley - Thochuntse (12 kms/5 hrs)

Today we will trek the part of the Zaskar gorge. After a few hours we will cross the Markha river. Dinner and overnight stay in camp.

Day 14: Thochuntse - Nimaling (7 kms/3 hrs)

The Nimaling Plains & the Mani walls and Chortens that dot the trail. Also a side trip to the base of the Kangyaze peak (6000 mts) is possible.

Day 15: Nimaling - Sumdo (18 km/7-8 hrs)

In the morning, We will trek to Sumdo. Enroute we will cross the Kongmaru La, highest pass

on the trek, we can see the entire Ladakh and Indus Valley. Dinner and overnight stay in camp.

Day 16: Sumdo - Hemis - Leh (10 kms/3 hrs)

In the morning we will trek up to Hemis Monastery. On arrival at Hemis, visit the monastery and later drive to Leh. Overnight stay in the Guest House.

Day 17: Leh - Delhi

Morning take a flight to Delhi.