

Everest View Panorama Trekking

<https://www.nectravels.com/package/everest-panorama-trek/>

This Everest trek to the Everest area features the culture of the Sherpas along with great views of Mt. Everest and many other Himalayan peaks. Accompanied by a Sherpa guide you will stay for two nights and acclimatize to the altitude at Namche Bazaar which is the hub of all trekking and climbing in the Everest region. You have the option to take a day hike to the beautiful twin-villages of Kunde and Kumjung. Later trek to the holiest Sherpa Buddhist monastery at Thyangboche situated below the flanks of Mt. Everest. Look for the rare musk deer and the national bird of Nepal – the colourful danphe pheasant. Above all, enjoy the most spectacular mountain scenery on the face of this Earth. Along the way you will overnight at comfortable lodges run by the charming Sherpas who have won many admirers for their hard work and endurance. If you do not have too much time but still want to sample the charms of the Everest Area this is the best way to do it. Your instant getaway to Everest country.

Itinerary

Day 01: Arrive in Kathmandu & transfer to a Hotel

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Day 02: Kathmandu sightseeing full day.

After Breakfast proceeds for Kathmandu sightseeing including Pashupatinath Temple, Boudhanth Stupa, Swayambhunath Stupa & Patan Durbar Square.

Day 03: Kathmandu to Lukla flight (2800m), trek to Phakding (2860m). 3-4 hrs

Take an early morning flight to Lukla, the gateway town to the Everest trek. Flying for about 30 minutes enjoying a spectacularly beautiful view of the middle hills and mountains of Nepal, we will land at the airstrip of Lukla. Then we will meet our complete trekking crew at Lukla and proceed our trek for the day towards Phakding. After a three and half-hours' trek on a gradual downhill trail, we reach the small village of Phakding on the bank of the beautiful Dudh Koshi River. Overnight local lodge.

Day 04: Trek to Namche Bazaar (3440m). 5-6 hrs

After breakfast at the teahouse, we will walk uphill to Namche. We come across several suspension bridges that allow us to connect from one mountain to the other across rivers and gorges. The effort of the trek is rewarded by the spectacular beauty of Namche bazaar and the view of the Himalayan peaks from here. This homeland of famous climbing tribe

Sherpa, who have their roots centuries back into Tibet, has become the ethnic Sherpa town for ages now when they migrated to the Everest region crossing the Himalayas. All local Sherpa households of Namche bazaar have benefited from the tourism industry as they have been able to run hotels in their own hometown. Overnight at Namche Bazar.

Day 05: Trek to Kunde and Khumjung villages for acclimatisation

Today will be a memorable vantage to get more information about the mysterious mountain marketplace. We set out for acclimatizing hiking around the Namche Bazaar, to the top of Namche and visit the Sherpa Museum. Take out your lenses to capture the breathtaking panoramas of Everest, Amadablam, Tawoche, Kantega, Thamserku and the surrounding peaks. If you aren't tired and want to go higher then we hike up the Syangboche Airport (Old Airport) around Everest View Hotel. We will drink tea/coffee at the Everest view hotel. From this point, we can see rewarding views of the Himalayas with a stunning sunrise and sunset over the panorama of Khumbu peaks. If you are not too tired you can visit the biggest Sherpa village in Everest region, the Khumjung village where the Hillary school sits and Khunde nearby and back to Namche Bazaar. Overnight local lodge.

Day 06: Trek From Namche to Thyangboche monastery (3870m) 5-6 hrs

Today we walk the uphill trail to reach Tengboche, We will be walking higher on the trek .On reaching Tengboche and checking into a teahouse, we will explore the surrounding and Tengboche Monastery. Some overwhelming views of the Himalayan peaks including incredible Mt. AmaDabalam, Thmasreku, Gokyori and Island Peak make our moments at Tengboche wonderful. Overnight local lodge.

Day 07: Trek From Thyangboche / Return to Namche. Continue walk to Monjo. 6-7 hrs

After breakfast, we pass Phunki Thenka and reach Kyanjuma. Walking through Sanasa, we reach the Sherpa kingdom- Namche Bazaar. On the northern and eastern horizon, the mighty white peaks bid farewell to us. We already spent a day here, so we will trek down to Monjo after crossing the Sagarmatha National Park with an exit record. Overnight local lodge.

Day 08: Trek down to Lukla (2600m) / overnight. 4-5 hrs

We are going to complete a round trip to Lukla today. The trail down towards the Dudh Koshi River and walking alongside it, we eventually reach Lukla trekking past Phakding and several other beautiful places. Once we reach Lukla, we say thank you and goodbye to our amazing crew members who made a wonderfully successful trip possible. Whatever we do is not enough to express our gratitude towards them but we are highly thankful to them. Overnight local lodge.

Day 09: Early morning flight back from Lukla to Kathmandu (25 mins)

We take another beautiful morning flight back to Kathmandu saying a heartfelt goodbye to the majestic mountains after so many days of wonderful moments amongst them is quite difficult but we have to do it anyway. We will land at Kathmandu airport to feel the city air after so many days of wonderful and fresh mountain air. We are transferred to our hotel and left on our own to enjoy and relax. Overnight in a hotel.

Day 10: Kathmandu-Chitwan (5 Hrs drive)

After breakfast, drive to Chitwan and check in upon arrival. Lunch will be served at the resort/lodge. In the afternoon proceed for a tour to Tharu Village and witness the Tharu Cultural Performance.

Day 11: Chitwan Jungle activities

After breakfast, your adventure holiday starts off with canoeing in the Rapti River where you can see Gharial and then, a visit to the Elephant breeding centre. After Lunch proceed to the jungle for a guided safari on Elephant where you are free to see animals such as rhino, antelope and other wildlife as you move through the jungle.

Day 12: Drive back to Kathmandu

After breakfast take a quick tour of Birdwatching then we drive back to Kathmandu. Optionally you can do the day rating in Trisuli river. Overnight in Kathmandu.

Day 13: Warm Departure

After Breakfast we willl transfer to the Airport for the flight to home.