

Mount Everest Expedition in Nepal

<https://www.nectravels.com/package/everest-expedition/>

Mount Everest is the highest peak in the world standing at an elevation of 29028ft. (8848m.) atop which the climbers feel as if they are standing over the cloud in the sky. Sir Edmund Hillary and Late Tenzing Norgay Sherpa first climbed this peak on May 29, 1953, after a long relentless effort.

Everest Base camp is situated on the north of Khumbu glacier at a height of 18000ft. All the international Mt. Everest climbers assemble here during the starting and at the ending time of their climbing. Normally the climbing duration of this expedition lasts for 90 days. All the climbers who mass there at the base camp seem really busy with excitement for the preparation of their expedition to reach the summit.

Some climbers climb this mountain on their own risk without any climbing Sherpa guide; and some climbers go with their own climbing Sherpa guide. Most of the teams carry their own Internet, Satellite phone, Medical Doctor and rest of the modern requirements.

After the base camp, we have to cross crevasses, Seracs and ice blocks. Similarly we should face the way up having Chunks of ice as large as our houses where we should use fixed ropes and aluminum ladders to climb ahead camp 1(6400m).

Itinerary

Day 01: Arrival in Kathmandu (1350m, 4429ft). Transfer to your hotel.

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Day 02: Kathmandu, official procedures

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Day 03: Kathmandu Sightseeing

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Day 04: From Kathmandu, you enjoy an exciting flight to Lukla (2840m, 9,152ft). Trek to Phakding. (2610m, 8561ft)

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Day 05: Trek to Namche Bazar (3440m, 11,283ft).

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Day 06: Namche Bazar for acclimatization

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Day 07: Trek to Khumjung (3780m, 12,398ft), called the green valley.

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Day 08: Trek to Tengboche Monastery (3860m, 12,661ft).

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Day 09: Trek to Dingboche (4410m, 14,465ft).

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Day 10: Trek to Lobuche (4910m, 16,105ft).

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Day 11: Rest day for acclimatization in Lobuche

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Day 12: Trek to Everest base camp. (5364m, 17,594ft).

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Day 13-51: Climbing Period Mt. Everest

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Day 52: Clean up Base Camp

Clean up Base Camp

Day 53: Trek to Pheriche. Overnight in lodge.

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Day 54: Trek to Namche Bazar. Overnight in lodge.

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Day 55: Trek to Lukla. Overnight in lodge.

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Day 56: Fly to Kathmandu. Transfer to your hotel.

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Day 57: Kathmandu

Day 58: Departure from Kathmandu.

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