# **Everest Base Camp Trek Return by Helicopter**

https://www.nectravels.com/package/everest-base-camp-trek-return-back-by-helicopter/

Everest base camp trek back by Helicopter is designed for the mixture for those trekkers who have a short time frame and enjoy the stunning views of Mt. Everest on foot as well as scenic Helicopter flight.

All adventure lovers know why the Mount Everest base camp trek is so popular among the trekkers and where Mt. Everest is located. The mixture of luxury and an adventure related flying back by helicopter for close and stunning views for not only the world highest peak Mount Everest and it's base camp but plenty of panoramic views as well hundreds of highest snow capped peaks of Sherpa land called as a Khumbu Valley which is also known as the Everest region.

Everest base camp trek returns back by Helicopter suits impeccably for all adventure lovers who they are fantasizing to be in the Everest base camp but have limited time frame to do so by following footsteps. Everest base camp trek return back by Helicopter includes extra allied flying in backward way below the Everest base camp from Pheriche rather than trek down as well as flying back by the same aircraft from Lukla to Kathmandu. So we must say Everest base camp trek back by Helicopter is an extraordinary trip among other packages of Everest base camp trek. Instead of 12 days, we will finish this trip in 8 days from Kathmandu – Everest base camp –Kathmandu.

Everest base camp trek returns back by Helicopter trek provides you with an outstanding chance to accompany with enjoying the atmosphere of tranquil snow-capped mountains including the world highest peak Mt. Everest, visit an ancient monastery from the Sherpa land, collect knowledge of the unique culture of Sherpa people, flora, fauna and many more.

#### Itinerary

#### Day Day 01: Arrival in Kathmandu and transfer to a Hotel.

Arrival in Kathmandu and Transfer to Hotel. Evening briefing by tour tour Manager for the trekking.

#### Day 02: Fly to Lukla (40 Minute). Trek to Phakding (2610 m)

The trek begins with a scenic flight from Kathmandu to Lukla. While flying, you can enjoy scenic views of the Himalayas, valleys, rivers and the high hills. After flying for around 40 minutes, you will land in Lukla.

From Lukla, we will begin to trek. Lukla to Phakding is an easy trail. The trail involves gently descending through the river bed of Dudh Kosi river to the beautiful settlement in Phakding. Enjoy your walk through the shades of Rhododendron trees. Overnight at a teahouse in Phakding.

Trek from Phakding to Namche is a beautiful one. We will start crossing the Dudh Kosi river over a suspension bridge . Prepare yourself to cross many suspension bridges today. The trail passes mostly through the riverbed of Dudh Kosi. On your way up, you'll meet herds of mules and porters carrying the goods.

The trail is scenic. You will see a few houses in some places. There is a big waterfall also where you'll see the mules drinking water. There are many villages that you will walk through. Some of them are Monjo and Jhorsale.

Today, you have to get your local permit and the Sagarmatha National Park entry permit. You will walk and continue crossing the suspension bridge.

There is the popular Hilary suspension bridge, the highest and longest suspension bridge in Khumbu. After crossing it, there is a steep and rugged ascent to Namche. Namche is a beautiful town to stay overnight.

#### Day 04: Acclimatization in Namche Bazaar (3445m)

Acclimatization day is necessary because you are already at 3445 meters. For acclimatization, you can hike to the airstrips in Syangboche, to the Hotel Everest View or to Khumjung Village. The hikes are nearly 4 to 5 hours walk. On this day, you walk high during the day and sleep low at night. Overnight in Namche Bazaar

# Day 05: Trek Namche Bazaar to Tengboche/Deboche (3860m)

Look out your window in the morning and you'll see the stunning peaks. After breakfast in Namche, we will begin climbing the stone stairs for nearly 10 minutes.

Now, the trail goes flat and easy. The trail is long, but flat walking is easy. You'll see the amazing Himalayas as you walk further. You will see Mt. Thamserku, Lhotse, Ama Dablam and Mt. Everest itself.

Enjoy the walk. The flat trail ends and there is a descent right where the Everest base camp and Gokyo trail separates. After the descent, you will again meet the Dudh Kosi river. We will cross the bridge and have lunch at Pungi Thenga.

After lunch, there is this final ascent to Tengboche. After climbing the dusty trails for nearly two hours, you'll see the gate of Tengboche. There is a flat pasture, a beautiful monastery and some teahouses. Also, you'll see the Himalayas on all sides from Tengboche. Overnight in Tengboche.

#### Day 06: Trek to Dingboche (4360m)

From Tengboche, the trail descends down to Pangboche village. We will be walking through the beautiful trail enjoying the Himalayan views. If you look at the bank of Dudh Kosi, you will see many animals and birds in their natural habitat.

We will walk till we reach our lunch stop at Solmari village. After having lunch in a lodge we

will cross the suspension bridge. The trail is Nepali flat, it is gently ascending when they call it flat.

After walking for hours, we will finally reach the beautiful village of Dingboche. There are many teahouses and lodges there. Overnight in Dingboche.

# Day 07: Acclimatization in Dingboche (4360m)

You are over 4000 meters, this demands a rest day again. On this day, you'll have two options for acclimatization: trek to Chukkung (4750m) or to Nangkartshang Peak (5083m). After the acclimatization trek for 3 to 4 hours, we will return to the teahouse and will rest there. Overnight in Dingboche.

#### Day 08: Trek to Lobuche (4930m)

You are over 4000 meters. So, be careful of altitude sickness while you trek. Watch if you get any symptoms of it. Today, we will be trekking all the way from Dingboche to Lobuche. You'll see the Himalayas near and clear. On the way, you will see the Lobuche peak looking as stunning as ever.

Lobuche village sits in the lap of Lobuche peak. You will see Mt. Lobuche right at the tip of your nose from there. Overnight in Lobuche.

Day 09: Trek to Gorakshep (5160m). Hike to Everest base camp (5545m) and return back to Gorakshep

From Lobuche, we will start after breakfast. From Lobuche, following the trail to Everest base camp, we will walk to Gorak Shep. Gorak Shep used to be the base camp earlier. At Gorak Shep, we will check into a hotel and have lunch.

After lunch, we will trek to Everest Base Camp. Finally, to the destination and it feels surreal. After spending some time at the base camp, we will return back to Gorak Shep. Overnight in Gorakshep.

#### Day 10: Trek Gorakshep to Kalapathar (5545m). Fly back to Kathmandu by Helicopter.

Flight Duration: 20 minutes (Gorak Shep to Lukla) and 45 minutes (Lukla to Kathmandu)

Early in the morning, we will start hiking towards Kalapathar. Kalapathar is the most popular viewpoint of Mt. Everest. It will take us around 2 hours to reach Kalapathar. From there, we will enjoy the sunrise view as the rays of the sun caress the peak of Everest.

From Kalapathar, we will also see the stunning views of Khumbu icefall and glacier. After around 30 minutes in Kalapathar, we will hike back to Gorak Shep. We will have our breakfast and will ride on the helicopter.

The helicopter will fly to Lukla, will stop there for fueling and will fly back to Kathmandu. Enjoy the scenic ride as you fly over the incredible sceneries. Overnight in Kathmandu.

# Day 11: Sightseeing in Kathmandu

After Breakfast proceeds for Kathmandu Sightseeing including Pashupatinath Temple, Boudhanath Stupa, Swyambhunath Stupa and Patan Durbar Square.

# **Day 12: Warm Departure**

After breakfast 3 hours before the flight transfer to Airport for your onward destination.