

Dolpo Phoksundo Lake Trekking

<https://www.nectravels.com/package/dolpo-phoksundo-lake-trek/>

Trekking in Dolpo is a unique experience. The trails pass through beautiful landscapes, thick pine forests and along wild rivers all the while with spectacular views of beautiful snow-capped mountains. The highlight of the trek is the mesmerizing deep-blue and emerald hues of the deepest lake in Nepal, Phoksundo Lake. This is truly one of the most beautiful natural tourist destinations in Nepal.

If time allows it's worth spending a day or two admiring the views and exploring the lake and surrounding areas. Don't miss Tshowa monastery on the east bank of Phoksundo Lake where worship still takes place.

On the southern bank lies the village of Ringmo where you can get a rare close look into traditional Bonpo culture. The ideal trekking season is spring and autumn.

Itinerary

Day 01: Arrive Kathmandu transfer to a Hotel

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Day 02: Kathmandu sightseeing full day

Kathmandu sightseeing full day including Boudhanath Stupa, Swayambhunath stupa, Kathmandu Durbar Square & Patan Durbar Square.

Day 03: Flight Kathmandu to Nepalgunj by Bus or flight. Next Day Juphal by flight. Start trek to Dunai Camp

Kathmandu to Nepalgunj by flight.

Day 04: Flight to Juphal . Start trek to Dunai Camp

Day 05: Trek Dunai to Ankhe Camp

Dunai to Ankhe Camp

Day 06: Trek Ankhe to Somdu Camp

Ankhe to Somdu Camp

Day 07: Trek Somdu to Phoksundo Lake Camp

Somdu to Phoksundo Lake Camp

Day 08: Trek Phoksundo to Sallaghari Camp

Phoksundo to Sallaghari Camp

Day 09: Trek Sallaghari to Yak Kharka Camp

Sallaghari to Yak Kharka Camp

Day 10: Trek Yak Kharka to Shey Gompa Camp

Yak Kharka to Shey Gompa Camp

Day 11: Trek Shey Gompa to Saldang Camp

Shey Gompa to Saldang Camp

Day 12: Trek Saldang to Kharka Camp

Saldang to Kharka Camp

Day 13: Trek Yak Kharka to Thaksema Camp

Yak Kharka to Thaksema Camp

Day 14: Trek Thaksema to Dhotarap camp

Thaksema to Dhotarap camp

Day 15: Trek Dhotarap to River side camp

Dhotarap to River side camp

Day 16: Trek River side to Odar Camp

River side to Odar Camp

Day 17: Trek Odar to Eklebhatti Camp

Odar to Eklebhatti Camp

Day 18: Trek Eklebhatti to Dunai Camp

Eklebhatti to Dunai Camp

Day 19: Trek Dunai to Juphal camp

Dunai to Juphal camp

Day 20: Juphal to Nepalgunj by fligh stay in hotel

Juphal to Nepalgunj by fligh stay in hotel

Day 21: Nepalgunj drive or fly to Kathmandu

Nepalgunj drive or fly to Kathmandu

Day 22: Warm Departure

Transfer to Airport for your next destination.