

Mt Ama Dablam Expedition in Nepal

<https://www.nectravels.com/package/ama-dablam-expedition/>

The stunning pyramid of Ama Dablam is regarded as one of the world's most exquisite and sought after peaks, alongside the infamous Matterhorn and Khan Tengri.

The ambitious and experienced mountaineer will find the South West Ridge an acceptable challenge. We take the standard route up Ama Dablam which offers steep snow, ice and rock climbing in exhilarating and exposed situations. Fixed lines will be used in our ascent, to aid speed and efficient movement on this impressive mountain.

Itinerary

Day 01: Arrive Kathmandu and transfer to your hotel

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Day 02: Kathmandu, official procedure and necessary Day 3:arrangements

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Day 03: Kathmandu

Day 04: Fly to Lukla (2860m-9384ft) and trek to Phakding (2622m-8602t). Overnight in lodge..

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Day 05: Trek to Namche Bazar (3340m-10959ft). Day 1:Overnight in lodge.

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Day 06: Acclimatization day in Namche

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Day 07: Trek to Pangboche (3930 m-12,890ft).

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Day 08: Trek to Mt. Ama Dablam Base Camp (4600m-15,088ft)

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Day 09 - 25: Climbing Mount Ama Dablam (6812m)

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Day 26: Namche Bazar. Overnight in lodge.

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Day 27: Lukla. Overnight in lodge.

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Day 28: Scheduled flight Lukla/Kathmandu & transfer to Hotel

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Day 29: Kathmandu

Day 30: Transfer to airport for international departure.

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